

PETTY & DRAGSTREM

ORTHODONTICS

retainers

The active part of your orthodontic treatment is completed! You played an important role in the progress of your treatment and you should be proud of the way your teeth look and feel. However now you are entering the most important stage of treatment... RETENTION!!!! Many factors will contribute to the stability of bite correction. Everything from growth patterns, to muscular adaptability, even finger biting/sucking habits, can affect dental future. The very ability to straighten teeth in the first place provides for the natural tendency for teeth to relapse and retainers are required to keep them from returning to their original position so please wear them as we prescribe. When we see you for your retainer check please remember to bring your retainer so that we can make any adjustments necessary.

Removable retainers: At first we will advise you to wear your retainer FULL TIME except eating, drinking, and brushing teeth. It is normal for them to feel tight as first because teeth are settling into their new positions. Teeth are most likely to move right after the treatment is completed so even if they feel tight continue to wear your retainers! After some time, we will instruct you to wear your retainer only at night and this will be forever. Although most people can maintain straight teeth by wearing retainers at night, you will be responsible for wearing your retainers as much as needed to keep your teeth from shifting. Clean retainers with dish soap or toothpaste, cold water, and a toothbrush or retainer tablets found in the oral hygiene aisle in many stores. Do not boil as it will warp and no longer fit. Do not leave it where pets can get it or near any hot surface where it may melt or warp. Do don't wrap it in a napkin because it often ends up in the garbage! Should the retainer break, rip, or be lost, please call us as soon as possible for us to make a new retainer before any shifting occurs. Additional retainers will be done for a charge so do your best not to damage or lose them!

Fixed retainers: Fixed retainers glued behind the teeth are encouraged to be kept as long as possible however we can remove them at the request of you or your dentist if hygiene becomes a problem. Floss threaders are required to adequately floss under the wire and between teeth. Biting foods with only your front teeth (such as biting apples or beef jerky) should be avoided to prevent breakage. Should any adhesive come loose or wire break, please call us as soon as possible for us to repair before shifting occurs.

We enjoyed having you as a patient and would like to thank you for the opportunity to take care of your orthodontic needs. We hope that you will refer friends, family, or neighbors just like you to our practice and would love to offer them a complimentary consultation. Congratulations again on your new smile!

info@mypdsmile.com

bright smiling futures

www.mypdsmile.com

5455 WOLF ROAD, WESTERN SPRINGS IL 60558 708.246.4000

4230 WESTBROOK DRIVE, AURORA IL 60504 630.851.6888